



**MOUNTAIN
GOAT
MOVEMENT**



Adirondack High Peak Challenge Nov 4 - 6, 2022

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I. Overview:

Adirondack Park is one of the largest protected parks in the lower 48 and is home to the “46ers”, which includes some of the biggest mountains on the East Coast including the highest peak in NY: Mt. Marcy. We will summit a few of the 46 Peaks in addition to discovering the historic town of Lake Placid. Students need to be physically fit. We will sleep in a beautiful mountain home in Saranac Lake: a great basecamp to access the High Peaks– bathrooms and warm showers on site. Team dinners will take place at local restaurants. Breakfast, Lunch, and Snack items will be packed appropriately for on-trail adventures throughout the day.

Dates: Friday, Nov 4 - Sunday, Nov 6 2022. We will depart from Saint Peter’s Prep in Jersey City via van at 3:15pm on Friday, Nov 4 with a return to Prep by 7pm on Sunday, Nov 6.



Skills Required: You do not need to be an experienced hiker, but you must be physically fit. Participants need to be respectful, grateful, and sound stewards of all the spaces we occupy. This trip is open to boys who are 14 and older.

Housing: We will stay in a beautiful mountain home overlooking the Great Range of the Adirondacks. The home is located in Saranac and sleeps up to 12 with access to showers and bunk bed style accommodations.

Activities: Summiting 2 -3 High Peaks in the Adirondack Region (6-8 hours of hiking per day), exploring Lake Placid and a historical overview, fellowship fostered over bonfires.

II. Itinerary

Friday, Nov 4: Depart at 3:30pm via van from Saint Peter's Prep in Jersey City, NJ for Saranac. Stop for dinner en route (not covered). Sleep in Saranac.

Saturday, Nov 5: Hike Mt. Marcy: the highest point in NY. Dinner in downtown Lake Placid. Potential for team bonfire.

Sunday, Nov 6: Sunrise Hike in the ADK. Depart for Saint Peter's. Arrive in JC by 7pm.

III. Trip Cost and Registration:

Pricing: \$515 per participant covers the items below. Participants can register [online here](#). Or, checks can be made out to: Mountain Goat Movement and sent to 76 Rector Street in Millburn, NJ 07041. This trip is first come, first serve.

- 1) Transportation to/from Jersey City and the Adirondack Region
- 2) Housing
- 3) Breakfast, Lunch, Dinner Items (except for Friday's dinner on Nov 4)
- 4) Insurance (coverage details coming)
- 5) Experienced Teachers and Guides
- 6) Mountain Goat Apparel

IV. Chaperone Information:

a) Mr. Greg Morrissey is the founder of [Mountain Goat Movement](#) (former Prep English Teacher / Head Lacrosse Coach.) As a seasoned high school teacher and coach, Greg



spent the last 10 years building human-powered adventures for high school and college students in the greater NYC area. He has led thousands of young people on treks, climbing trips, surf trips, ski trips, sustainability programs, and more both domestically and internationally. Greg has raised over \$40,000 for financially-restricted students to participate in meaningful outdoor excursions. He has presented his work at the American Alpine Club's annual dinner and the venerated Explorers Club. Greg serves in advisory roles in the Next Generation of Explorers, [The Explorers Club](#), [Scientific and Exploration Society](#), and the [American Alpine Club](#). Personal projects include [bikepacking from Canada to Mexico](#), surfing the longest wave in the world, wild camping in Ireland, and numerous mountain climbs and traverses.

b) Mr. Benedetto Youssef has been teaching English, at both the high school and college level, for nearly a decade. He is currently a doctoral candidate at Murray State University, and he is expected to graduate in 2023. His studies focus on experiential learning and narratology, areas of interest that often pull him out of the classroom and into the outdoors, where he is an avid snowboarder, hiker, hunter, and outdoor writer. Much of these recreational and scholarly interests were sparked in his younger years, growing up with a home in the Catskill Mountains. He has traveled the country and snowboarded in over a dozen states including Wyoming, Utah, and Colorado. He is inspired by the opportunity to spread the joy of the outdoors while bringing greater awareness to climate change and best stewardship practices.

c) Joe Dadey (homeowner): possesses a Bachelor's degree in Forest Biology from SUNY-ESF in Syracuse, New York, a Master's degree in Outdoor Recreation from Southern Illinois University in Carbondale, Illinois and a PhD in Environmental Policy/Environment Communication from SUNY-ESF. He taught for twenty years at the college-level, including eight years in the Recreation, Adventure Travel and Ecotourism (RATE) program at Paul Smith's College (PSC). Joe worked a couple of seasons as an Assistant Forest Ranger in the Adirondack High Peaks and has co-led numerous 40-day expeditions with adjudicated youth through Project USE of New Jersey. He has also co-instructed sixteen month-long outdoor leadership expeditions in the Adirondacks, the Boundary Waters Canoe Area Wilderness and Sequoia and Kings Canyon National Parks and traveled with PSC students to study ecotourism in Costa Rica, Guatemala, Belize, the Dominican Republic and New Zealand.